

**Free hot Community Dinner, every Monday, 5-6, Veteran's Hall, 209 Surf St., Morro Bay
 Last Wed of the month, 5-6, at St. Timothy's Catholic Church, 962 Piney Way, Morro Bay**

FOOD DISTRIBUTION LOCATIONS AND TIMES (Remember to bring your own bags!)

Local Distributors	Food Bank Sites For questions or complaints call 805-238-4664 Website: www.slofoodbank.org
First four Tuesdays, 9:30 El Morro Church of the Nazarene, Building A 1480 Santa Ysabel, Los Osos For information on gas voucher program – 528-0391 Morro Bay and Los Osos	Wednesday 9:30-10:30 Morro Bay Vets Memorial Building Surf Street, Morro Bay
Wednesday 9:00 South Bay Community Center 2180 Palisades Ave, Los Osos 528-2626	Wed, 10:00 Cayucos Community Church 60 3rd Street, Cayucos
Mon thru Fri, 10-12;00 Shoreline Food Pantry, Shoreline Calvary Chapel Corner of Beach and Monterey Call to set appointment 772-8525	First Fri of month, 2:30-3:30 Del Mar Elementary School 501 Sequoia St., Morro Bay
Food Bank Agencies	
Tues thru Fri, 1:00-3:30 Salvation Army Food Distribution 540 Quintana Road, Morro Bay 772-7062 Monthly program; Must be registered	Saturday, 9:00-12:00 Rock Harbor Church 1475 Quintana Road, Morro Bay 772-7365

July 2015 update

Cena communitarian caliete gratuita todos las Lines, de 5-6, Veteran's Hall, 209 Surf St., Morro Bay
Ultima Miercoles de mes, 5-6, St. Timothy's Catholic Iglesia, 962 Piney Way, Morro Bay

Lugares y horarias de distribucion (Traigan su bolsa.)

La distribucion de alimentos local	Food Bank Sites Para preguntas o quejas llamada 805-238-4664 Website: www.slofoodbank.org
<p>Los primeros cuatro Martes, 9:30 El Morro Iglesia of the Nazarene, Edificio A 1480 Santa Ysabel, Los Osos Programade de cupones de gas – 528-0391 Morro Bay and Los Osos</p>	<p>Miercoles 9:30-10:30 Morro Bay Vets Memorial Building Surf Street, Morro Bay</p>
<p>Miercoles 9:00 South Bay Community Center 2180 Palisades Ave, Los Osos 528-2626 de 9:00</p>	<p>Miercoles, 10:00 Cayucos Community Iglesia 60 calle 3, Cayucos</p>
<p>Lunes a Viernes, 10-12;00 Shoreline despense de alimentos, Shoreline Calvary Chapel Esquina de la Beach y Monterey Llame para hacercita 772-8525</p>	<p>Primer Viernes de mes, 2:30-3:30 Del Mar Elementary School 501 Sequoia St., Morro Bay</p>
Agencias banarias alimentos	
<p>Martes a Viernes, 1:00-3:30 Salvation Army Food Distribution 540 Quintana Road, Morro Bay 772-7062 Registrase en la oficina</p>	<p>Sabado, 9:00-12:00 Rock Harbor Iglesia 1475 Quintana Road, Morro Bay 772-7365</p>

El Julio 2015 update